Five Steps You Can Take To Safeguard Your Account

Help safeguard your Sentinel Benefits retirement account by following these steps.

To Do	Why?	How?
1. **Setup your online account with Sentinel Benefits**	As communications and transactions become increasingly digital, it's important to be able to easily log in to your account online to review activity and take action at any time.	Visit the Sentinelgroup.com account access page and select **Register Online**. Be sure you create a unique user ID and password.
2. **Add or update your email address.** 3. **Add or update your phone number.**	So we can quickly and easily contact you if you forget your password or to verify certain online account activity. You'll also be able to participate in our two-factor authentication process, which will be rolled out later this year.	Visit Sentinelgroup.com, log into your account and select the gear icon (⚙) in the top right of the page. Select **Personal Information** to update any email, phone, or address information.
4. **Sign up for eStatements.**	Receive notifications directly and securely via email when your quarterly statement is available in order to stay up to date on your account activity – and it's green!	Visit Sentinelgroup.com, log into your account and select **Plan Statements, Reports & Forms > Statements & Reports** in the navigation bar. On the page, select **Go Paperless. I elect to receive eStatements online** and click **Submit**.
5. **Update your beneficiaries.**	Keeping up-to-date beneficiary information on all of your accounts is easy to do and only takes a few minutes online. Most importantly, you can feel confident that your loved ones will receive the assets you intend for them to have.	Visit Sentinelgroup.com, log into your account and select the gear icon (⚙) in the top right of the page. Select **Beneficiaries** to review, add, or update your account's beneficiaries.

Sentinel Benefits & Financial Group