# Investing 101:

### A tutorial for beginning investors

Presented by:

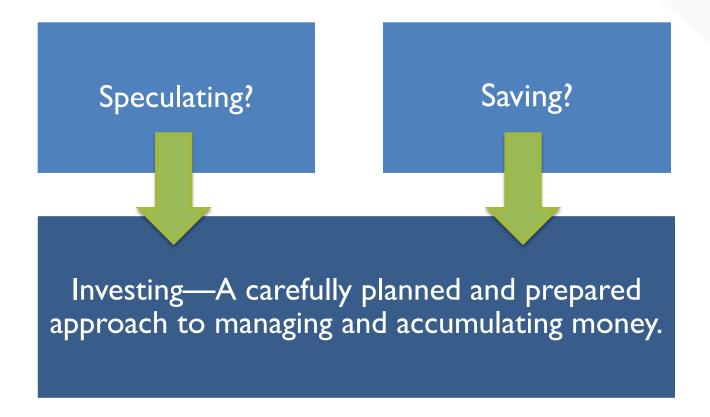
Jennifer Stickney
Investment Consultant

Mike DiBacco
Investment Consultant



Financial planning and investment advice are offered through Sentinel Pension Advisors, Inc. (SPA), an SEC registered investment advisor. Investment brokerage services offered through Sentinel Securities, Inc. (SSI). Member FINRA & SIPC. Sentinel Benefits & Financial Group is the brand name for the Sentinel family of companies, which includes SPA and SSI. PRES-066-06192017

WHAT IS INVESTING?



### **IDENTIFYING GOALS & TIME HORIZONS**



#### Investment Goals

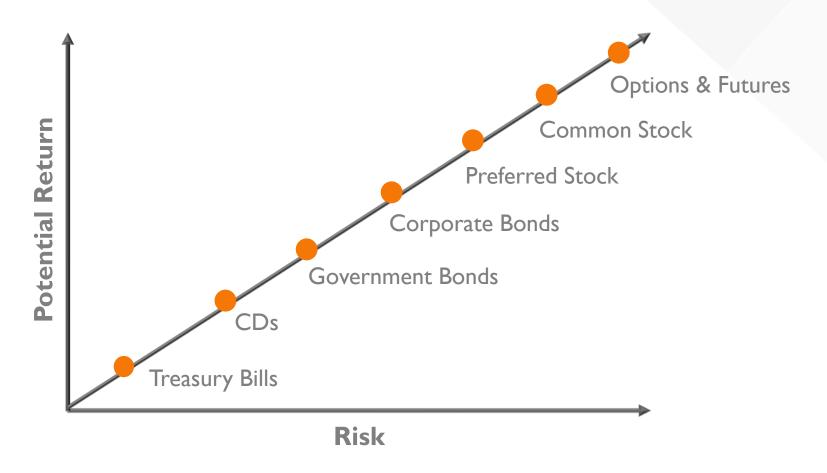
- Retirement
- Education
- Special purchase
- Financial security
- Short-term goals vs. long-term goals
- In general, the longer your investment horizon, the more risks you can afford to take

### **RISK TOLERANCE**

- Comfort with the potential of losing something of value
- Personal tolerance for risk
  - Aggressive
  - Moderate
  - Conservative



#### RELATIONSHIP BETWEEN RISK & RETURN



Consider the investment objectives, risks, and charges and expenses of the investment carefully before investing. The investment return and principal value of an investment will fluctuate and an investor's shares, when redeemed, may be worth more or less than their original cost.

## Investment Options TYPES OF INVESTMENTS



- Cash alternatives
- Bonds
- Stocks
- Other investments
- Funds

401(k) plans and IRAs are not investments – they are tax-advantaged vehicles that hold individual investments

## Investment Options CASH ALTERNATIVES



- Low risk, short term, relatively liquid
- Examples of cash alternatives include:
  - Certificates of Deposit (CDs)
  - Money market deposit accounts
  - Money market mutual funds
  - U.S. Treasury Bills (T-Bills)

An investment in a Money Market Fund is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. Although the Fund seeks to preserve the value of your investment at \$1.00 per share, it is possible to lose money by investing in the Fund.

# Investment Options CASH ALTERNATIVES

### **Advantages:**

- Predictable earnings
- Highly liquid
- Little risk to principal

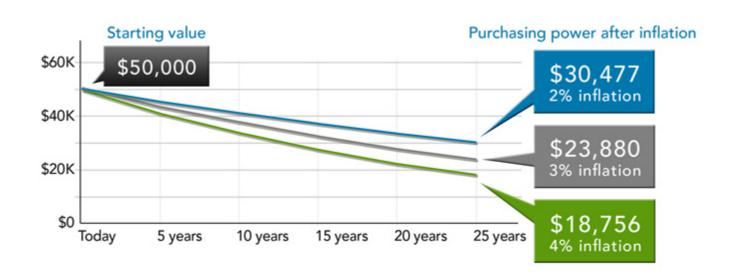
### **Disadvantages:**

- Relatively low returns
- May not keep up with inflation



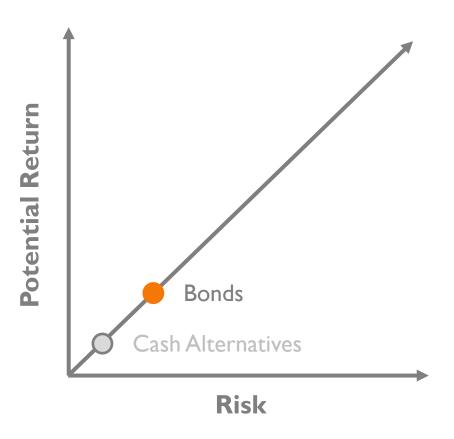
### The Effect of Inflation

### Purchasing Power of \$50,000 at Various Annual Inflation Rates



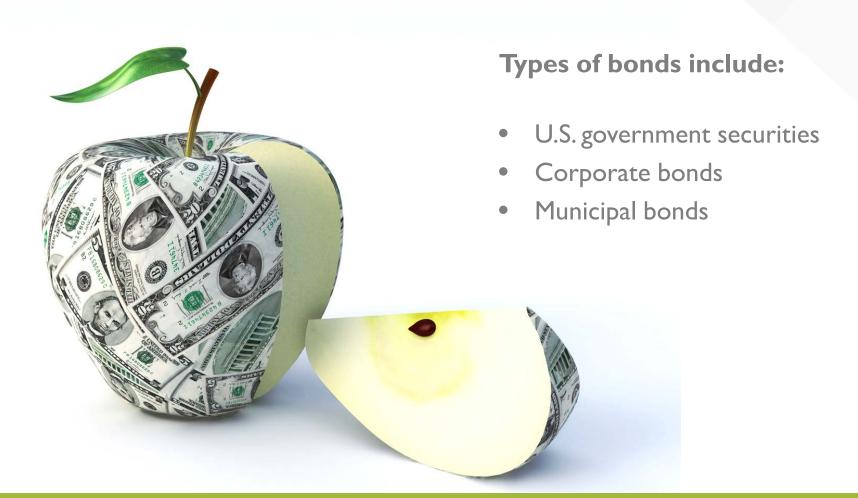
<sup>\*</sup>Source: Fidelity Investments, Five ways to protect your retirement income

# Investment Options BONDS



- Loans to a government or corporation
- Interest typically paid at regular intervals
- Can be traded like other securities
- Value fluctuates

# Investment Options BONDS



**BONDS** 



### **Advantages:**

- Steady and predictable stream of income
- Income typically higher than cash alternatives
- Relatively lower-risk (compared to options such as stock)
- Low correlation to stock market

### **Disadvantages:**

- Risk of default
- Value of bond will fluctuate with interest rates
- Lower risk means lower potential returns (than stock, for example)

## Investment Options stocks



- Shares of stock represent an ownership position in a business
- Percentage of ownership determines your share of profit / loss
- Earnings may be distributed as dividends
- Shares of stock can be sold for gain or loss

# Investment Options stocks



### **Advantages:**

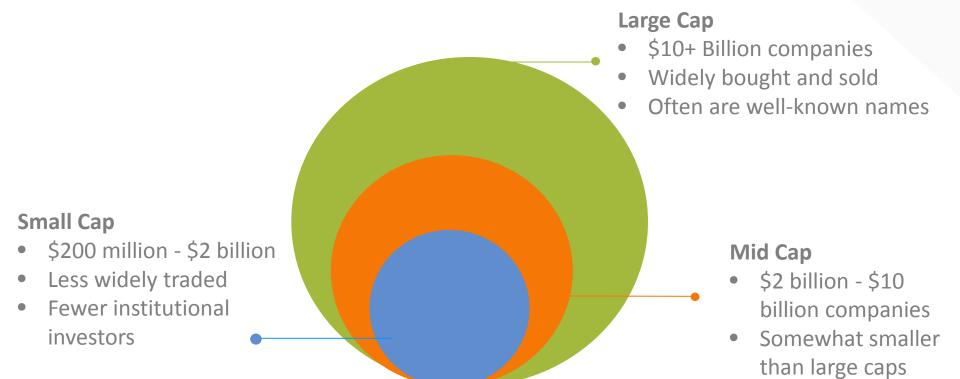
- Historically, have provided highest longterm total returns
- Ownership rights
- Can provide income through dividends as well as capital appreciation
- Easy to buy and sell

### **Disadvantages:**

- Poor company performance affects dividends / value of shares
- Subject to market volatility
- Greater risk to principal
  - May not be appropriate for short-term

# Investment Options stocks

### Different Categories of Stocks



# Investment Options MUTUAL FUNDS

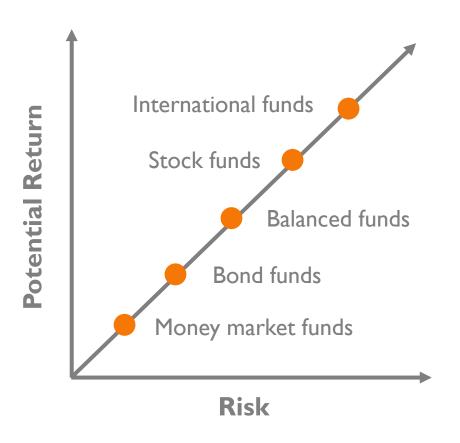
Your money is pooled with that of other investors

1

Fund invests dollars according to stated investment strategy

You own a portion of the securities held by the fund (instant diversification)

## Investment Options MUTUAL FUNDS



- Three major investment categories:
  - Money market funds
  - Bond funds
  - Stock funds
- Mutual funds fall all along the risk/return spectrum (e.g., balanced funds, international funds)
- Active vs. passive management

#### **MUTUAL FUNDS**



### **Advantages:**

- Diversification
- Professional management
- Small investment amounts depending on fund minimums

### **Disadvantages:**

- Value of shares can fluctuate daily
- Portion of fund dollars may be tied up for liquidity needs
- Potential tax inefficiency
- Mutual fund fees and expenses

Diversification neither assures a profit nor guarantees against a loss in a declining market.

### **EXCHANGE-TRADE FUNDS (ETFs)**

- Most ETFs are based on an index
- Passive management may lower fund costs
- Can be traded throughout the day, bought on margin, and shorted, like stocks
- May provide tax efficiencies
- Carry potential similar risks such as interest rate risk, industry risk etc.





**OTHER INVESTMENTS** 

- Real estate
- Stock options
- Futures, and commodities
- Collectibles

## Active vs. Passive Management



### **Advantages:**

- Expert analysis
- Defensive measures

### **Disadvantages:**

• Higher expense ratios



### **Advantages:**

- Low expense ratios
- Easy way to get broad exposure

### **Disadvantages:**

Little control

## Appreciation vs. Income

### **Capital Appreciation**

A rise in the value of an asset based on a rise in market price

#### Interest

Paid from Bonds and is the cost to borrowing money

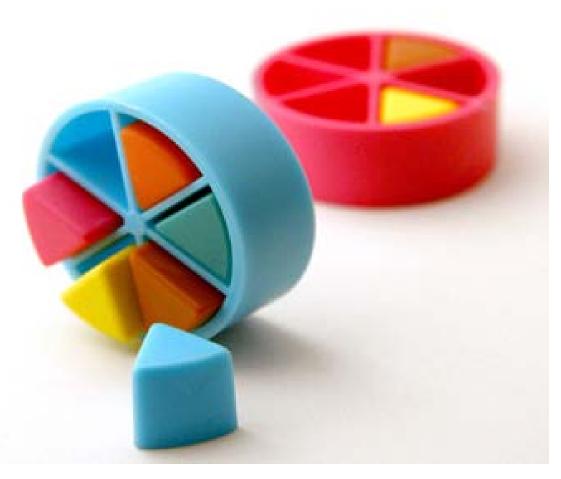


#### **Dividends**

Distribution of a corporation's earnings to its stockholders

### Asset Affocation

### **CONSIDERATIONS**



### **Factors:**

- Diversification
- Risk tolerance
- Timeframes
- Personal financial situation
- Liquidity needs

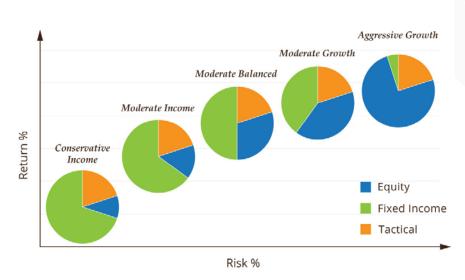
Diversification neither assures a profit nor guarantees against a loss in a declining market.

## Decisions made easy!

#### 1. WHAT IS YOUR TIME HORIZON?

#### Short-term Fixed Income Equity | 100% 80 60 40 20 0 35 30 25 20 15 RET 10 15 20 25 Years to retirement Years after retirement

#### 2. WHAT IS YOUR RISK TOLERANCE?





### The Role of a Financial Professional

- Help you determine your investment goals, timelines, and risk tolerance
- Create an asset allocation model
- Select specific investments
- Manage, monitor, and modify your portfolio

### Questions?

Feel free to contact us directly at:



Jennifer Stickney (781) 914-1290 jennifer.stickney@sentinelgroup.com



Mike DiBacco (781) 914-1274 mike.dibacco@sentinelgroup.com